

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizwe Albert Mmeleli**

Has successfully participated & completed the

**20km Tshufi Hill Challenge Mathaithai Trail Run 2019**

held at Lebone College.

**TIME 01:48:18**

**PACE 05:24/km**

**GENDER 7 of 58**

**OVERALL 8 of 70**

**40+ 3 of 17**

26 October 2019, Sat

Date



*BoutTime*

Signature

